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### **Acrivastine**

Revised: September 20, 2021.

CASRN: 87848-99-5

# **Drug Levels and Effects**

# **Summary of Use during Lactation**

Small occasional doses of acrivastine would not be expected to cause any adverse effects in breastfed infants. Larger doses or more prolonged use may cause drowsiness and other effects in the infant or decrease the milk supply, particularly in combination with a sympathomimetic such as pseudoephedrine or before lactation is well established. The nonsedating antihistamines are preferred alternatives.

## **Drug Levels**

Maternal Levels. Relevant published information was not found as of the revision date.

*Infant Levels*. Relevant published information was not found as of the revision date.

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#### **Effects in Breastfed Infants**

Relevant published information on acrivastine was not found as of the revision date. In one telephone follow-up study, mothers reported irritability and colicky symptoms 10% of infants exposed to various antihistamines and drowsiness was reported in 1.6% of infants. None of the reactions required medical attention.[1]

#### **Effects on Lactation and Breastmilk**

Antihistamines in relatively high doses given by injection can decrease basal serum prolactin in nonlactating women and in early postpartum women. [2,3] However, suckling-induced prolactin secretion is not affected by antihistamine pretreatment of postpartum mothers. [2] Whether lower oral doses of antihistamines have the same effect on serum prolactin or whether the effects on prolactin have any consequences on breastfeeding success have not been studied. The prolactin level in a mother with established lactation may not affect her ability to breastfeed.

# **Alternate Drugs to Consider**

Desloratadine, Fexofenadine, Loratadine

#### References

- 1. Ito S, Blajchman A, Stephenson M, et al. Prospective follow-up of adverse reactions in breast-fed infants exposed to maternal medication. Am J Obstet Gynecol. 1993;168:1393–9. PubMed PMID: 8498418.
- 2. Messinis IE, Souvatzoglou A, Fais N, et al. Histamine H1 receptor participation in the control of prolactin secretion in postpartum. J Endocrinol Invest. 1985;8:143–6. PubMed PMID: 3928731.
- 3. Pontiroli AE, De Castro e Silva E, Mazzoleni F, et al. The effect of histamine and H1 and H2 receptors on prolactin and luteinizing hormone release in humans: Sex differences and the role of stress. J Clin Endocrinol Metab. 1981;52:924–8. PubMed PMID: 7228996.

### **Substance Identification**

### **Substance Name**

Acrivastine

# **CAS Registry Number**

87848-99-5

## **Drug Class**

**Breast Feeding** 

Lactation

Antihistamines