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lvermectin

Updated: April 9, 2021.

OVERVIEW

Introduction

Ivermectin is an antiinfective agent with activity against several parasitic nematodes and scabies and is the treatment of choice for onchocerciasis (river blindness). It is typically given as one or two oral doses. Ivermectin therapy has been associated with minor, self-limiting serum aminotransferase elevations and very rare instances of clinically apparent liver injury.

Background

Ivermectin (eye" ver mek" tin) is a macrocyclic lactone and semisynthetic derivative of avermectin which is produced by Streptomyces avermitilis. Ivermectin has potent activity against several parasites and arthropods. It believed to act by interference with a glutamate gated chloride channel, which interferes with the parasite's neural and neuromuscular transmission. It has a broad spectrum of activity against several nematodes (Ascaris, Trichuris, Ancylostoma), cestodes (Taenia) and trematodes (Fasciola, Schistosoma). Ivermectin has particularly potent activity against onchocerciasis (river blindness) and lymphatic filariasis, which are important endemic diseases in Africa and South America. Ivermectin was approved for use in the United States in 1996 for strongyloidiasis and onchocerciasis. In other countries it is also approved for use in scabies, lice infestation and ascariasis. Ivermectin is available in tablets of 3 mg under the brand name Stromectol. For treatment of strongyloidiasis, the recommended dose for adults is a single oral dose of 15 mg (200 μ g/kg). Ivermectin is also available in topical forms for therapy of rosacea and head lice. Oral ivermectin is generally well tolerated, but side effects can include diarrhea, gastrointestinal upset, headaches, fever, rash and itching, most of which are due to the effect of ivermectin on the helminth and a reaction to their death, release and expulsion.

In cell culture systems, ivermectin has activity against several viruses including the novel coronavirus known as Severe Acute Respiratory Syndrome coronavirus-type 2 (SARS-CoV-2), the cause of the global pandemic of respiratory illness that was first recognized in late 2019 (COVID-19). In face of the growing burden of severe illness posed by COVID-19, drugs with antiviral activity against SARS-CoV-2 in vitro were often tried (repurposed) to ameliorate the course and prevent mortality. Ivermectin was evaluated in several open label trials with suggestive evidence of benefit, but in more carefully designed, larger trials ivermectin in doses of 20 to 14 mg daily for 3 to 5 days had little or no effect in either preventing infection or ameliorating its outcome.

Hepatotoxicity

Single dose therapy with ivermectin has been associated with a low rate of serum aminotransferase elevations. A single case of clinically apparent liver injury has been reported after ivermectin use (Case 1). The onset of injury occurred 1 month after a single dose and was characterized by a hepatocellular pattern of serum enzyme

elevations without jaundice. Recovery was rapid and complete. In trials of ivermectin to prevent SARS-CoV-2 infection and to ameliorate the course of early as well as severe COVID-19, serum aminotransferase elevations were not uncommon but were no more frequent among patients receiving ivermectin than among those receiving placebo or a comparator drug.

Likelihood score: D (possible rare cause of mild clinically apparent liver injury).

Mechanism of Injury

Ivermectin acts by interference with chloride channels that are important in neuromuscular activity in parasitic worms and protozoa, but has little activity against mammalian neural transmission. The mechanism by which it might cause liver injury is unknown.

Outcome and Management

Ivermectin is usually well tolerated and the liver injury reported with its use has been mild and self-limited in course. Ivermectin has not been associated with acute liver failure or chronic liver injury.

Drug Class: Anthelmintic Agents

CASE REPORT

Case 1. Acute liver injury due to ivermectin.(1)

A 20 year old woman from the Cameroon who had been living in Switzerland for 5 years was found to have a migrating worm in her right sclera which was removed and identified as Loa loa. She had eosinophilia (18.5%) and microfilaremia and was treated with albendazole (600 mg daily) for 21 days. She subsequently had reduced but continued low levels of microfilia in the blood and three months later was treated with a single dose of ivermectin (15 mg orally). One month later, when seen for routine follow up, she complained of abdominal pain, and serum aminotransferase levels, which had been normal, were markedly elevated (Table). Serum bilirubin and alkaline phosphatase levels were normal. She had no history of liver disease or known risk factors for viral hepatitis other than country of origin. She did not drink alcohol and was not taking other medications, over-thecounter products or herbals. Tests for hepatitis A, B, and C and Epstein Barr virus infection were negative. A liver biopsy showed acute hepatocellular necrosis, apoptotic bodies, lymphocytic lobular infiltrates and no fibrosis. She improved clinically within days and serum aminotransferase levels fell rapidly, becoming normal three months later. Because of continuing low levels of microfilaremia, she was treated with diethylcarbamazine for 29 days with subsequent loss of microfilariae and no further problems or serum enzyme elevations.

Key Points

Medication:	Ivermectin (15 mg, single dose)		
Pattern:	Hepatocellular (R=21.6)		
Severity:	1+ (serum enzyme elevations without jaundice)		
Latency:	1 month		
Recovery:	3 months		
Other medications:	None in immediate previous 2 months		

Laboratory Values

Time After Starting	ALT (U/L)	Alk P (U/L)	Bilirubin* (mg/dL)	Other
Pre	21	58	0.6	Albendazole for 21 days
0	35	40	0.5	Ivermectin one dose
1 month	907	61	1.3	
2 months	111	57	1.0	
3 months	54	43	1.2	
6 months	13	38	0.8	
Normal	<42	<126	<1.2	

* Converted from $\mu mol/L.$

Comment

Without routine monitoring this mild case of anicteric hepatitis might have gone unrecognized. Because most studies of anthelmintic therapies have been done without routine monitoring of liver tests, the true rate of liver injury and even clinically apparent liver disease due to these agents may be underappreciated. On the other hand, this episode of acute hepatitis may have been due to an unrelated incurrent illness (hepatitis E for instance). Because the reaction occurred after a single dose of ivermectin, however, rechallenge would not be appropriate.

PRODUCT INFORMATION

REPRESENTATIVE TRADE NAMES

Ivermectin – Generic, Stromectol®

DRUG CLASS

Anthelmintic Agents

COMPLETE LABELING

Product labeling at DailyMed, National Library of Medicine, NIH



CHEMICAL FORMULA AND STRUCTURE

CITED REFERENCE

1. Veit O, Beck B, Steuerwald M, Hatz C. First case of ivermectin-induced severe hepatitis. Trans R Soc Trop Med Hyg. 2006;100:795–7. PubMed PMID: 16682062.

ANNOTATED BIBLIOGRAPHY

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- (Expert review of hepatotoxicity of anthelmintics written in 1999; ivermectin is not discussed).
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- (Textbook of pharmacology and therapeutics; ivermectin is a semisynthetic avermectin, a novel class of macrocyclic lactones with activity against nematodes and arthropods and commonly used in veterinary medicine).
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- (Abstract only: among 125 patients with strongyloidiasis treated with ivermectin [6 mg, 2 oral doses 2 weeks apart], 14% had serum enzyme elevations, but all were self-limiting and asymptomatic).
- Gardon J, Gardon-Wendel N. Cemanga-Ngangue, Kamgno J, Chippaux JP, Boussinesq M. Serious reactions after mass treatment of onchocerciasis with ivermectin in an area endemic for Loa loa infection. Lancet. 1997;350:18–22. PubMed PMID: 9217715.

- (In a mass treatment program for onchocerciasis, 0.1% of 17,877 people treated developed severe reactions including neurological impairment and one death; reactions correlated with high pretreatment L. loa microfilaremia counts; no mention of jaundice or hepatitis).
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- (Placebo controlled trial of ivermectin, albendazole or the combination in 1425 persons from filariasis-endemic villages; showed clear reduction in microfilarial levels with ivermectin alone or in combination; side effects were mild and self-limited, no mention of liver injury).
- Zaha O, Hirata T, Kinjo F, Saito A, Fukuhara H. Efficacy of ivermectin for chronic strongyloidiasis: two single doses given 2 weeks apart. J Infect Chemother. 2002;8:94–8. PubMed PMID: 11957127.
- (50 patients with strongyloides infection were treated with two single doses of ivermectin; 98% efficacy and mild side effects only, 1 patient had minimal, transient ALT elevation [40 U/L]).
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- (Multiple, escalating dose [30-120 mg] study of ivermectin; side effects were mild, transient and no more common than with placebo; 2% of 51 ivermectin- vs 6% of 17 placebo-recipients had transient ALT elevations [2-2.5 times ULN]).
- Veit O, Beck B, Steuerwald M, Hatz C. First case of ivermectin-induced severe hepatitis. Trans R Soc Trop Med Hyg. 2006;100:795–7. PubMed PMID: 16682062.
- (20 year old Cameroon woman with L. Loa infection developed symptoms and serum aminotransferase elevations 1 month after single dose of ivermectin [bilirubin 1.3 mg/dL, AL 907 U/L, Alk P 61 U/L], resolving in next 3 months: Case 1).
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- (72 year old man developed nausea and abdominal pain 3 days after single dose of ivermectin for scabies with ALT 2.5 times ULN, with resolution in 2 weeks; no mention of bilirubin).
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- (Among 300 cases of drug induced liver disease collected in the US between 2003 and 2008, none were attributed to an anthelmintic agent).
- Devarbhavi H, Dierkhising R, Kremers WK, Sandeep MS, Karanth D, Adarsh CK. Single-center experience with drug-induced liver injury from India: causes, outcome, prognosis, and predictors of mortality. Am J Gastroenterol. 2010;105:2396–404. PubMed PMID: 20648003.
- (313 cases of drug induced liver injury were seen over a 12 year period at a large hospital in Bangalore, India; none were attributed to anthelmintic agents]).
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- (Worldwide pharmacovigilance database contained 9036 hepatic adverse drug reactions in children, none of which were attributed to an anthelmintic agent).
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- (Among 127 subjects with Strongyloides stercoralis infection treated with a single dose of moxidectin or ivermectin, response rates were 94% and 95%, adverse event rates were similar and "none of the participants reported any side effect from treatment at any time point").
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- (Ivermectin has been used for more than 25 years for an expanding number of helminthic infections with an excellent safety profile both in humans and other mammals, probably because of its high specificity for invertebrate neuronal ion channels and because it does not cross the human blood-brain barrier; no mention of hepatotoxicity or ALT elevations).
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- (Among 3307 Northern Brazilian patients with confirmed COVID-19, the risk of hospitalization was less among those treated with prednisone or hydroxychloroquine or both, but not those treated with ivermectin compared to those who were not treated as outpatients; no mention of adverse events).
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- (Outcomes of severe COVID-19 infection were similar among 13 hospitalized patients who were treated with a single dose of ivermectin to a matched untreated group; no mention of adverse events).
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- (Among 30 hospitalized patients with COVID-19 treated with one of 3 doses of ivermectin [at an uncertain daily dose or duration] or with "standard of care", the time to SARS-CoV-2 RNA negativity and rapidity of decline was similar in the three groups as were symptoms and adverse events; no mention of ALT levels and hepatotoxicity).
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Montelukast, and Acetylsalicylic acid to prevent hospitalization and death among ambulatory COVID-19 cases in Tlaxcala, Mexico. Int J Infect Dis. 2021;105:598–605. PubMed PMID: 33578014.

- (Among 768 ambulatory adults with recent onset of COVID-19 symptoms, the 481 who received combination oral therapy with ivermectin [12 mg single dose], azithromycin [500 mg for 4 days] montelukast [for 21 days] and aspirin [for 30 days] were more likely to recover within 2 weeks [84% vs 59%] than patients not given this regimen, and were also less likely to be hospitalized [9% vs 31%] and to die [3% vs 18%], and "most participants did not experience any side effects"; no mention of ALT elevations or hepatotoxicity).
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- (Among 186 healthcare workers in India who developed COVID-19 infection compared to 186 matched uninfected controls, ivermectin prophylaxis was more frequent in controls [41% vs 22%] and the difference was most evident in those who took two doses of ivermectin [300 mg 4 days apart], and there were no adverse side effects).
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- (Among 400 patients with symptomatic but mild COVID-19 treated with ivermectin [300 mg daily] or placebo for 5 days, the time to resolution of symptoms was similar in the two groups [10 vs 12 days] as were adverse event rates [77% vs 81%] and serious adverse event rates [1% vs 1%], with no mention of ALT elevations or hepatotoxicity).
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- (Among 168 Brazilian adults hospitalized with severe COVID-19 pneumonia who were treated with oral doses of chloroquine, hydroxychloroquine or ivermectin [10 or 14 mg for 3 days], the mortality rate was similar in all three groups [22%, 21% and 23%] as were adverse event rates including serum aminotransferase elevations [25% vs 22% vs 26%].