

AUDIT-C

The AUDIT-C comprises the first three questions of the World Health Organization (WHO) AUDIT. The AUDIT-C was first described in VA patients (Bush, Kivlahan, McDonell, Fihn, & Bradley, 1998; Bradley et al., 2003), but has now been validated in other U.S. clinical populations (Bradley et al., 2007; Frank et al., 2008; Seale et al., 2006; Williams & Vinson, 2001).

Q1: How often did you have a drink containing alcohol in the past year?	Points
Never - 0 Monthly or less - 1 Two to four times a month - 2 Two to three times a week - 3 Four or more times a week - 4	
Q2: How many drinks did you have on a typical day when you were drinking in the past year?	Points
None, I do not drink - 0 1 or 2 - 0 3 or 4 - 1 5 or 6 - 2 7 to 9 - 3 10 or more - 4	
Q3: How often did you have six or more drinks on one occasion in the past year?	Points
Never - 0 Less than monthly - 1 Monthly - 2 Weekly - 3 Daily or almost daily - 4	

Scores

The AUDIT-C is scored on a scale of 0–12 (scores of 0 reflect no alcohol use). In women, a score of 3 or more is considered positive.

Sources:

- Bradley, K. A., Bush, K. R., Epler, A. J., Dobie, D. J., Davis, T. M., Sporleder, J. L., Maynard, C., Burman, M. L., & Kivlahan, D. R. (2003). Two brief alcohol-screening tests From the Alcohol Use Disorders Identification Test (AUDIT): Validation in a female Veterans Affairs patient population. *Archives of Internal Medicine*, 163(7), 821-829.
- Bradley, K. A., DeBenedetti, A. F., Volk, R. J., Williams, E. C., Frank, D., & Kivlahan, D. R. (2007). AUDIT-C as a brief screen for alcohol misuse in primary care. *Alcoholism: Clinical and Experimental Research*, 31(7), 1-10.
- Bush, K., Kivlahan, D. R., McDonell, M. B., Fihn, S. D., & Bradley, K. A. (1998). The AUDIT alcohol consumption questions (AUDIT-C): An effective brief screening test for problem drinking. *Archives of Internal Medicine*, 158(16), 1789-195.
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- Seale, J. P., Boltri, J. M., Shellenberger, S., Velasquez, M. M., Cornelius, M., Guyinn, M., Okosun, I., & Sumner, H. (2006). Primary care validation of a single screening question for drinkers. *Journal of Studies on Alcohol and Drugs*, 67(5), 778-784.
- Williams, R., & Vinson, D. C. (2001). Validation of a single screening question for problem drinking. *The Journal of Family Practice*, 50(4), 307-312.