C2. Methodological Quality Assessment

Randomized Controlled Trials and Controlled Clinical Trials

Domain	Description	Review authors' judgment	Consensus (circle)
Sequence generation		Was the allocation sequence adequately generated? YES / NO / UNCLEAR	YES NO UNCLEAR
Allocation concealment		Was allocation adequately concealed? YES / NO / UNCLEAR	YES NO UNCLEAR
Blinding of participants, personnel and outcome assessors, <i>Outcome:</i>	Patient-rated scales (subjective) Clinical measures (objective)	Was knowledge of the allocated intervention adequately prevented during the study? YES / NO / UNCLEAR	YES NO UNCLEAR
		YES / NO / UNCLEAR	
Incomplete outcome data, <i>Outcome:</i>	Patient-rated scales (subjective)	Were incomplete outcome data adequately addressed? YES / NO / UNCLEAR	YES NO UNCLEAR
	Clinical measures (objective)	YES / NO / UNCLEAR	
Selective outcome reporting		Are reports of the study free of suggestion of selective outcome reporting?	YES NO UNCLEAR
		YES / NO / UNCLEAR	
Other sources of bias		Was the study apparently free of other problems that could put it at a high risk of bias?	YES NO UNCLEAR
		YES / NO / UNCLEAR	
Overall risk of bias	Patient-rated scales	HIGH / LOW / UNCLEAR	HIGH LOW
	Clinical measures (objective)	HIGH / LOW / UNCLEAR	UNCLEAR