

Comparison 2: Discharge education by a designated nurse compared with usual care

Source: Smith HJJ, Portela AG, Harvey C. Discharge preparation and readiness after birth: a scoping review of global policies, guidelines and literature. BMC Pregnancy Childbirth (in press).

Certainty assessment							No of participants		Effect	Certainty (GRADE)	Importance
No of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	Discharge education by a designated nurse	Usual care			

Discharge preparedness (assessed prior to discharge)

1	non-randomized evaluation	very serious ^a	not serious	not serious	serious ^b	none	30	30	<p><u>Personal status</u> Median score: 0.3 higher $P = 0.437$</p> <p><u>Knowledge</u> Median score: 2.396 higher $P < 0.001$</p> <p><u>Coping ability</u> Median score: 1.8 higher $P < 0.001$</p> <p><u>Expected support</u> Median score: 1.308 higher $P < 0.005$</p>	⊕○○○ VERY LOW	IMPORTANT
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a. Study did not use randomization.

b. One study, small sample size.