

APPENDIX

Supplemental Table 1.1. Remission Time Equivalents for Attributes Other Than Duration of Symptoms. Each value represents utility loss measured in units of months of remission.*

	Overall (95% CI)	Efficacy-seeking Class (95% CI)	Corticosteroid- avoidant Class (95% CI)	Risk-avoidant Class (95% CI)
Steroid duration (months)				
1	-0.46 (-0.79, -0.15)	0.0 (-0.7, 0.7)	-1.6 (-2.7, -0.6)	-0.6 (-1.6, 0.5)
2	-0.92 (-1.57, -0.30)	0.0 (-1.3, 1.3)	-3.2 (-5.4, -1.1)	-1.1 (-3.2, 0.9)
3	-1.39 (-2.07, -0.75)	-0.4 (-1.8, 1.0)	-4.4 (-6.6, -2.2)	-1.4 (-3.5, 0.6)
4	-1.86 (-2.58, -1.17)	-0.8 (-2.3, 0.6)	-5.6 (-7.9, -3.2)	-1.7 (-3.9, 0.4)
5	-2.34 (-3.10, -1.58)	-1.2 (-2.8, 0.4)	-6.7 (-9.2, -4.2)	-2.0 (-4.3, 0.2)
6	-2.81 (-3.64, -1.98)	-1.6 (-3.4, 0.1)	-7.9 (-10.5, -5.2)	-2.3 (-4.8, 0.1)
7	-3.28 (-4.19, -2.37)	-2.0 (-4.0, -0.1)	-9.0 (-11.9, -6.2)	-2.7 (-5.3, 0.0)
8	-3.75 (-4.75, -2.76)	-2.4 (-4.6, -0.3)	-10.2 (-13.2, -7.2)	-3.0 (-5.8, -0.1)
9	-4.39 (-5.48, -3.31)	-2.9 (-5.3, -0.5)	-11.7 (-15.0, -8.3)	-3.3 (-6.4, -0.3)
10	-5.03 (-6.21, -3.85)	-3.3 (-6.0, -0.7)	-13.1 (-16.8, -9.4)	-3.7 (-7.0, -0.3)
11	-5.66 (-6.97, -4.38)	-3.8 (-6.7, -0.8)	-14.6 (-18.6, -10.5)	-4.0 (-7.6, -0.4)
12	-6.30 (-7.73, -4.90)	-4.2 (-7.5, -1.0)	-16.0 (-20.5, -11.6)	-4.3 (-8.3, -0.3)
Infection risk (percent/year)				
1	-0.14 (-0.26, -0.01)	-0.3 (-0.6, -0.1)	-0.4 (-0.8, -0.1)	-0.2 (-0.5, 0.2)
2	-0.27 (-0.52, -0.03)	-0.7 (-1.2, -0.2)	-0.8 (-1.5, -0.1)	-0.3 (-1.1, 0.4)
3	-0.41 (-0.78, -0.04)	-1.0 (-1.8, -0.2)	-1.2 (-2.3, -0.2)	-0.5 (-1.6, 0.6)
4	-0.54 (-1.04, -0.05)	-1.4 (-2.4, -0.3)	-1.7 (-3.0, -0.3)	-0.7 (-2.2, 0.8)
5	-0.68 (-1.30, -0.06)	-1.7 (-3.0, -0.4)	-2.1 (-3.8, -0.3)	-0.8 (-2.7, 1.1)
6	-1.07 (-1.71, -0.44)	-2.2 (-3.5, -0.8)	-2.4 (-4.2, -0.6)	-1.3 (-3.2, 0.7)
7	-1.46 (-2.12, -0.81)	-2.6 (-3.9, -1.3)	-2.7 (-4.5, -0.8)	-1.7 (-3.7, 0.3)
8	-1.85 (-2.53, -1.18)	-3.0 (-4.4, -1.7)	-3.0 (-4.9, -1.1)	-2.1 (-4.2, 0.0)

9	-2.24 (-2.95, -1.53)	-3.5 (-4.9, -2.1)	-3.3 (-5.3, -1.3)	-2.6 (-4.7, -0.4)
10	-2.63 (-3.37, -1.89)	-3.9 (-5.4, -2.5)	-3.6 (-5.7, -1.5)	-3.0 (-5.3, -0.7)
11	-3.02 (-3.80, -2.24)	-4.4 (-5.9, -2.8)	-3.9 (-6.2, -1.7)	-3.4 (-5.8, -1.0)
12	-3.41 (-4.24, -2.59)	-4.8 (-6.4, -3.2)	-4.2 (-6.6, -1.9)	-3.8 (-6.4, -1.3)
13	-3.80 (-4.68, -2.93)	-5.3 (-6.9, -3.6)	-4.5 (-7.0, -2.0)	-4.3 (-7.0, -1.6)
14	-4.19 (-5.11, -3.28)	-5.7 (-7.4, -4.0)	-4.8 (-7.5, -2.2)	-4.7 (-7.6, -1.8)
15	-4.58 (-5.56, -3.62)	-6.1 (-8.0, -4.3)	-5.1 (-7.9, -2.4)	-5.1 (-8.2, -2.1)
16	-4.82 (-5.80, -3.84)	-6.6 (-8.5, -4.7)	-5.3 (-8.1, -2.5)	-5.5 (-8.6, -2.4)
17	-5.05 (-6.05, -4.05)	-7.0 (-8.9, -5.1)	-5.5 (-8.4, -2.7)	-5.9 (-9.0, -2.8)
18	-5.28 (-6.30, -4.27)	-7.5 (-9.5, -5.5)	-5.7 (-8.6, -2.9)	-6.2 (-9.4, -3.1)
19	-5.52 (-6.55, -4.49)	-7.9 (-10.0, -5.9)	-5.9 (-8.8, -3.0)	-6.6 (-9.8, -3.4)
20	-5.75 (-6.80, -4.70)	-8.4 (-10.5, -6.3)	-6.1 (-9.0, -3.2)	-6.9 (-10.2, -3.7)
21	-5.99 (-7.05, -4.91)	-8.8 (-11.0, -6.6)	-6.3 (-9.2, -3.3)	-7.3 (-10.6, -4.0)
22	-6.22 (-7.30, -5.12)	-9.3 (-11.5, -7.0)	-6.5 (-9.4, -3.5)	-7.7 (-11.0, -4.3)
23	-6.45 (-7.56, -5.32)	-9.7 (-12.0, -7.4)	-6.6 (-9.7, -3.6)	-8.0 (-11.4, -4.6)
24	-6.69 (-7.81, -5.53)	-10.2 (-12.5, -7.8)	-6.8 (-9.9, -3.8)	-8.4 (-11.9, -4.9)
25	-6.92 (-8.08, -5.74)	-10.6 (-13.1, -8.1)	-7.0 (-10.1, -3.9)	-8.7 (-12.3, -5.2)
26	-7.15 (-8.33, -5.96)	-11.0 (-13.6, -8.5)	-7.2 (-10.4, -4.0)	-9.1 (-12.7, -5.5)
27	-7.39 (-8.60, -6.16)	-11.5 (-14.1, -8.9)	-7.4 (-10.6, -4.2)	-9.5 (-13.2, -5.7)
28	-7.62 (-8.86, -6.37)	-11.9 (-14.7, -9.2)	-7.6 (-10.9, -4.3)	-9.8 (-13.6, -6.0)
29	-7.85 (-9.12, -6.57)	-12.4 (-15.2, -9.6)	-7.8 (-11.1, -4.4)	-10.2 (-14.1, -6.3)
30	-8.09 (-9.38, -6.78)	-12.8 (-15.7, -9.9)	-8.0 (-11.4, -4.6)	-10.5 (-14.5, -6.6)
Cancer risk (percent/year)				
1	-0.73 (-1.02, -0.43)	-0.2 (-0.6, 0.3)	-0.4 (-1.2, 0.3)	-2.4 (-3.4, -1.4)
2	-1.45 (-2.04, -0.86)	-0.3 (-1.3, 0.6)	-0.9 (-2.4, 0.6)	-4.8 (-6.9, -2.8)
3	-2.29 (-2.89, -1.70)	-1.0 (-1.9, -0.1)	-1.4 (-3.0, 0.1)	-6.8 (-9.0, -4.6)
4	-3.13 (-3.84, -2.43)	-1.6 (-2.7, -0.5)	-2.0 (-3.8, -0.1)	-8.8 (-11.4, -6.2)
5	-3.96 (-4.84, -3.08)	-2.2 (-3.8, -0.7)	-2.5 (-4.7, -0.3)	-10.7 (-13.8, -7.6)
6	-4.47 (-5.40, -3.55)	-3.1 (-4.7, -1.6)	-2.5 (-4.9, -0.1)	-12.5 (-15.9, -9.1)

7	-4.97 (-5.98, -3.96)	-4.1 (-5.8, -2.3)	-2.5 (-5.3, 0.3)	-14.2 (-18.2, -10.3)
8	-5.48 (-6.61, -4.34)	-5.0 (-7.0, -2.9)	-2.6 (-5.9, 0.7)	-16.0 (-20.5, -11.5)
Surgery risk (percent/year)				
1	-0.37 (-0.77, 0.01)	-0.4 (-1.5, 0.7)	-0.4 (-1.4, 0.6)	-0.7 (-1.9, 0.4)
2	-0.75 (-1.54, 0.02)	-0.8 (-3.0, 1.4)	-0.8 (-2.7, 1.2)	-1.5 (-3.7, 0.8)
3	-1.26 (-2.00, -0.54)	-1.1 (-3.0, 0.7)	-1.4 (-3.4, 0.6)	-2.6 (-4.8, -0.3)
4	-1.77 (-2.53, -1.01)	-1.4 (-3.0, 0.2)	-2.0 (-4.2, 0.2)	-3.7 (-6.2, -1.2)
5	-2.28 (-3.15, -1.44)	-1.7 (-3.2, -0.2)	-2.7 (-5.2, -0.1)	-4.8 (-7.7, -1.9)
6	-2.88 (-3.80, -2.00)	-2.3 (-4.0, -0.6)	-2.7 (-5.5, 0.2)	-5.4 (-8.4, -2.4)
7	-3.48 (-4.50, -2.47)	-2.9 (-4.9, -0.9)	-2.7 (-6.0, 0.7)	-6.0 (-9.4, -2.6)
8	-4.08 (-5.25, -2.92)	-3.5 (-5.9, -1.1)	-2.7 (-6.5, 1.2)	-6.6 (-10.5, -2.7)