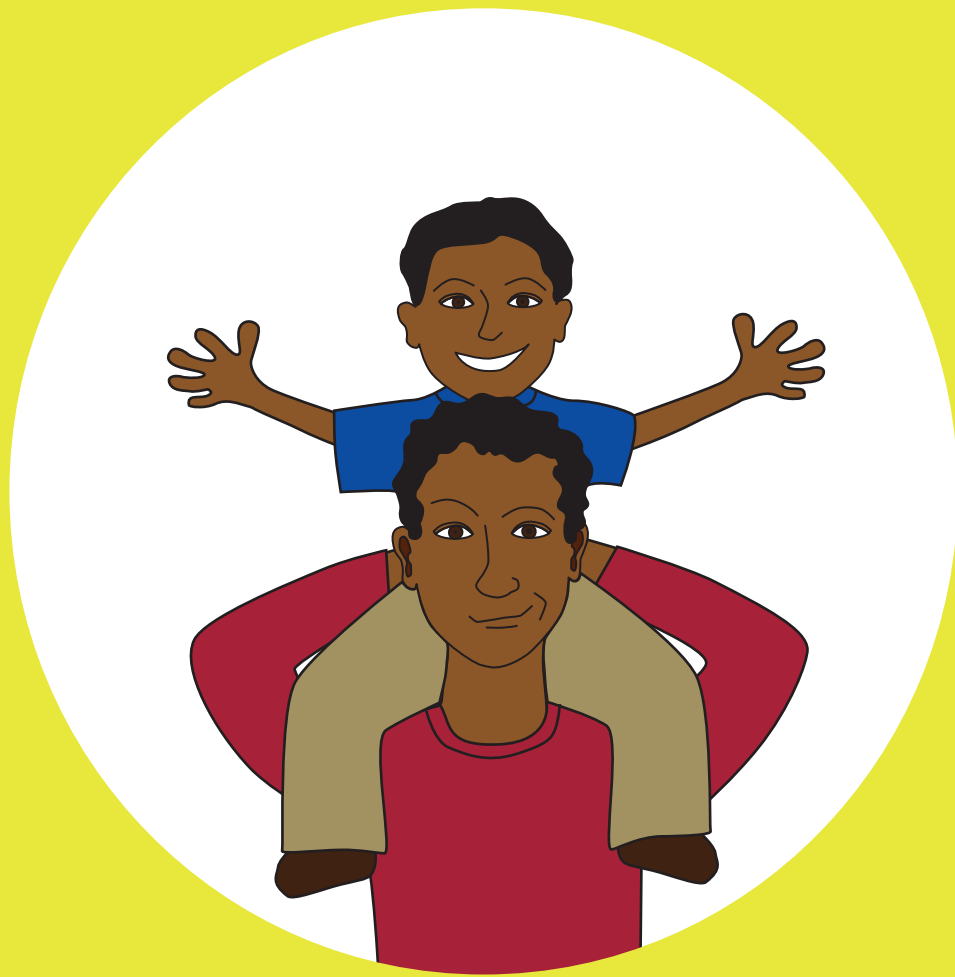


Appendix D. Recruitment Flyer, Participant Interest Card, Patient Eligibility
Screening Script



Need Help Managing Your Diabetes?

As a participant in the Living Well Study, you will receive:

- Health Education Videos
- A personalized “Diabetes Report Card
- A portable DVD player and a \$20 gift card

and

- You may also be partnered with a trained peer advisor to provide you with one-on-one advice to help improve your diabetes care

Call 205-934-7163

for more information!



Living Well (X160301010) is a research study being conducted in the UAB Division of Preventive Medicine.
Dr. Andrea Cherrington, Principal Investigator



Participant Interest Card



Today's Date: _____

I am interested in learning more about the Living Well with Diabetes Study. I authorize the Living Well Study Team to contact me about this.

Signature

First Name

Last Name

() -

Telephone Number 1

() -

Telephone Number 2

Best Times to Call

- Morning
- Afternoons
- Evenings

- | | | |
|-------------------------------|--------------------------------|------------------------------|
| <input type="checkbox"/> Mon | <input type="checkbox"/> Thurs | <input type="checkbox"/> Sat |
| <input type="checkbox"/> Tues | <input type="checkbox"/> Fri | <input type="checkbox"/> Sun |
| <input type="checkbox"/> Weds | | |

_____ Referred By _____

_____ First Name

_____ Last Name

_____ city / telephone number

_____ For UAB Staff _____

Date received:

notes

Logged:

Participant Eligibility Screening Script

Living Well Research Study: Telephone Eligibility Script

This is the first telephone call with UAB staff. Potential participant may have been referred by 1) signing an interest card that gave us permission to contact them or 2) calling the study's phone number.

Goals of this call are:

- Provide community member with study information and answer any questions
- Determine community member's study eligibility
- Schedule 45-60 minutes telephone interview

VOICEMAIL: Hello, my name is (_____) and I am calling from the University of Alabama at Birmingham about the Living Well research study. If you are interested in learning more about this research study, please call 1.205.934.7163 and one of our study team members will call you back. Thank you and have a great day!

Hello, my name is (_____) and I am calling from the University of Alabama at Birmingham about the Living Well Research Study.

S1. **May I please speak with Mr/Ms (_____)?**

- [If not speaking]* Is Mr./Ms. (_____) available?
[If no] When may I call back to speak with Mr./Ms. (_____)
[If yes] Continue with S2 when he/she comes on the line.

S2. **Before we continue, let me make sure I have the correct spelling of your name.**

Correct spelling? Yes No: *Note correct spelling here:* _____

Community member called UAB
Complete S3a.

Community member signed and submitted a study interest card
Complete S3b.

S3a. *[Called UAB]* You recently called the UAB Living Well research study's phone number and requested someone from the study to contact you. Living Well is a research study that could help improve your diabetes. Is this a good time to talk about this? It will take between 5-10 minutes.

- Not interested in study** → Would you mind telling me the reason you are not interested in the program?
[Note reason not interested here] _____
- Not a good time to talk** → When would be a better time to call you?
[schedule date/time to call back] _____
- Yes, can talk now → Great! First, how did you hear about this program?**
- Flyer/advertisement
 - Referred by friend or family member
 - At a community event (e.g. health fair)
 - Other

[Add specific details for all methods] _____

Go to question S4.

S3b. *[Signed interest card. Interest card from:* _____ *]*

I received your name from (Ms/Mr/Event) _____, and (she/he) thought that you might be interested in a program that could help improve your diabetes. Is this a good time to talk about this? It will take between 5-10 minutes.

- Not interested in study** → Would you mind telling me the reason you are not interested in the program?
[Note reason not interested here] _____
- Not a good time to talk** → When would be a better time to call you?
[schedule date/time to call back] _____
- Yes, can talk now → go to S4.**

S4.	<p>Let me tell you a little about the program.</p> <ul style="list-style-type: none"> - This study is trying to improve the quality of life of people with diabetes. - If you are eligible and decide to participate in the study, you <u>may</u> be paired with a Peer Advisor who is very familiar with diabetes. - Your peer advisor: <ul style="list-style-type: none"> o Is someone who lives in your community o Was trained by study investigators to help people take care of their diabetes o Will call you on the telephone 13-16 times over 6 months. - During these calls, you will talk to your peer advisor about your diabetes care. <p>Are you interested in working with a peer advisor as I just described for 6 months over the telephone?</p> <p><input type="checkbox"/> No → Thank you so much for your time. You are not eligible for this study since we are looking for people who are interested in working with a peer advisor over the telephone. Have a nice day!</p> <p><input type="checkbox"/> Yes → <i>continue to next section</i></p>		
<p>In order to find out if you might be eligible to participate in this study, I would like to ask you some questions. Your answers to these questions will help us know if you are eligible to be in this study. If there are any questions you don't want to answer, you can tell me, and we will skip to the next question.</p>			
S5.	<p>Have you ever been told by a doctor or nurse that you have diabetes?</p> <p><input type="checkbox"/> No → Thank you so much for your time. You are not eligible for this study since we are looking for people who have diabetes. Have a nice day!</p> <p><input type="checkbox"/> Yes → <i>continue to next section</i></p>		
S6.	<p>Do you have a doctor that you see regularly for your diabetes and other medical care (at least once in the past 12 months)?</p> <p>If yes = What is your doctor's name? _____ What city is your doctor located in? _____</p> <p>If yes = Have you seen Dr. _____ in the past 12 months?</p> <p><input type="checkbox"/> No → Thank you so much for your time. You are not eligible for this study since we are looking for people who have been to a doctor in the past 12 months. Have a nice day!</p> <p><input type="checkbox"/> Yes → <i>continue to next section</i></p>		
S7.	<p>Do you take pills for your diabetes or blood sugar?</p> <p><input type="checkbox"/> No → Thank you so much for your time. You are not eligible for this study since we are looking for people who are taking pills for their blood sugar. Have a nice day!</p> <p><input type="checkbox"/> Yes → <i>continue to next section</i></p>		
S8.	<table border="0" style="width: 100%;"> <tr> <td style="vertical-align: top;"> <ul style="list-style-type: none"> • Do you ever forget to take your diabetes (or sugar) medicines? • People sometimes miss taking their medications for reasons other than forgetting. Thinking over the past two weeks, were there any days when you did not take your medicine? • When you feel better, do you sometimes stop taking your diabetes (or sugar) medicines? • Sometimes, if you feel worse when you take the diabetes (or sugar) medicines, do you stop taking it? • Would you like help with taking your diabetes or sugar medicines? </td> <td style="vertical-align: top; text-align: right;"> <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No </td> </tr> </table> <p><input type="checkbox"/> No to all 5 questions → Thank you so much for your time. You are not eligible for this study since we are looking for people who sometimes do not take their diabetes medications. Have a nice day!</p> <p><input type="checkbox"/> Yes to at least 1 question → <i>continue to next section</i></p>	<ul style="list-style-type: none"> • Do you ever forget to take your diabetes (or sugar) medicines? • People sometimes miss taking their medications for reasons other than forgetting. Thinking over the past two weeks, were there any days when you did not take your medicine? • When you feel better, do you sometimes stop taking your diabetes (or sugar) medicines? • Sometimes, if you feel worse when you take the diabetes (or sugar) medicines, do you stop taking it? • Would you like help with taking your diabetes or sugar medicines? 	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No
<ul style="list-style-type: none"> • Do you ever forget to take your diabetes (or sugar) medicines? • People sometimes miss taking their medications for reasons other than forgetting. Thinking over the past two weeks, were there any days when you did not take your medicine? • When you feel better, do you sometimes stop taking your diabetes (or sugar) medicines? • Sometimes, if you feel worse when you take the diabetes (or sugar) medicines, do you stop taking it? • Would you like help with taking your diabetes or sugar medicines? 	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No		

S9.	Are you participating in any other study or studies about diabetes? <input type="checkbox"/> Yes → Thank you so much for your time. You are not eligible for this study since we are looking for people who are not participating in any other study or studies about diabetes. Have a nice day! <input type="checkbox"/> No → <i>continue to next section</i>	
S10.	Are you on chemotherapy or have been on chemotherapy in the past 12 months? Are you on dialysis? <input type="checkbox"/> Yes → Thank you so much for your time. You are not eligible for this study since we are looking for people who have not been on chemotherapy in the past 12 months / on dialysis. Have a nice day! <input type="checkbox"/> No → <i>continue to next section</i>	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No
S11.	Are you planning on moving out of the county in the next 6 months? <input type="checkbox"/> Yes → Thank you so much for your time. You are not eligible for this study since we are looking for people who are not planning on moving out of the county in the next 6 months. Have a nice day! <input type="checkbox"/> No → <i>continue to next section</i>	
S12.	What is your age today? <input type="checkbox"/> <18 years old → Thank you so much for your time. You are not eligible for this study since we are looking for people 18 years old or older. <input type="checkbox"/> > 18 → <i>continue to next section</i>	
S13.	What is your gender? If female: are you pregnant or planning on becoming pregnant in the next 6 months? <input type="checkbox"/> Female, pregnant → Thank you so much for your time. You are not eligible for this study since we are looking for people who are not pregnant. <input type="checkbox"/> Female, not pregnant → <i>continue to next section</i> <input type="checkbox"/> Male → <i>continue to next section</i>	
S14.	An important part of enrolling in this study involves completing several data collection visits. Let me tell you a about these data collection visits. <ul style="list-style-type: none"> - The first part of this study involves completing an interview over the telephone that will take around 45 to 60 minutes. - During this telephone interview, we will ask you some questions about you and your diabetes. - This call will happen after you decide that you want to participate in the study. - After this phone interview is complete, we will schedule an in-person data collection visit. During this visit, we will measure your blood pressure, weight, and height. Our team will also do a finger stick test to check your “A1c” and “LDL cholesterol” numbers. - The phone interview and in-person visits will be done again after the end of the program. - The in-person data collection visits will be held at a community location. If you are unable to come to a community location, with your permission, a study research assistant will visit you at your home to complete this data collection visit. Would you be willing to participate in 2 telephone interviews and 2 in-person data collection visits? <input type="checkbox"/> No → Thank you so much for your time. You are not eligible for this study since we are looking for people who are willing to participate in telephone interviews and in person data collection visits before and after the program (this is a total of 2 telephone interviews and 2 in person data collection visits.). Have a nice day! <input type="checkbox"/> Yes → Continue to next section.	
Great! We are almost through. Thank you so much for answering these questions. Let me tell you a little more about the study. <ul style="list-style-type: none"> - Living Well program is a research study that partners a team at the University of Alabama at Birmingham with Peer Advisors in several Alabama Black Belt communities. - We want to find ways to improve health outcomes in people who have diabetes. - There is no cost for you to be part of this program. 		

- This is a 6 month project. During the 6 months, you will meet with the UAB study team 2 times in person and complete a telephone interview 2 times.
- If you are assigned a peer advisor, you will speak with your peer advisor 13-16 times over a period of 6 months.
- If you do qualify and enroll in the study, you will receive a portable DVD player, educational materials, and a \$20 VISA giftcard for participating in the study.
- At each in-person data collection visit with the UAB study team, the staff will do a finger stick test to check your A1c number, which is your average blood sugar level, and your blood cholesterol. They will also measure your height, weight, blood pressure, and make a list of your medications.
- Do you have any questions about this program?

S15. Are you interested in enrolling in the study?

Not interested in study → Would you mind telling me the reason you are not interested in the program?
 [Note reason not interested here] _____

Interested in study → Continue to next section

Great! Let me tell you the next steps for enrolling in the program.

- I will need to schedule a time for a study research assistant to call you to complete a telephone interview with you. The telephone interview will take about 45-60 minutes to complete.
- After the interview is complete, we will schedule a time for your first in-person data collection visit.
- We ask that you do not drink any caffeine (from coffee, tea, or soda), eat, do any heavy physical activity, smoke, or ingest alcohol for 30 minutes prior to the in-person data collection visit.
- Since this is a research study, we will ask you to sign an informed consent form during the in-person visit. Even though the program does not involve any experimental medicines or procedures, we still need your consent.
- After the in person visit, you will receive the health education materials and if you are in the program with a Peer Advisor, your peer advisor will begin calling you on the telephone once a week.
- May I answer any questions you have at this point?

Schedule Telephone Interview:

Okay, let's schedule your telephone interview. The telephone interview will take about 45-60 minutes to complete. A study research assistant will call you on the phone to complete the telephone interview. When is a good time and day for a study research assistant to call you to complete the telephone interview? Remember, the interview will take around 45-60 minutes.

I will mail a study informed consent to your home. You will receive it in the mail in about a 2 to 3 days.

Great! Thank you so much for your time today. A study research team member will call you on _____ (date/time) at this number _____ (telephone number) to complete your telephone interview.

Have a wonderful day!

COMPLETE Contact information

Phone (home): _____ Phone (work): _____

Phone (cell): _____ Phone (other): _____

We would also like the name and telephone number of a friend or family member who would know your whereabouts in case we have trouble contacting you. Please think of someone you know who would not mind if we called them for this information.

Alternative phone 1: _____ Alternative phone 2: _____

Mailing Address: _____