

## B.1 Clinical search literature search strategy

Searches were constructed using a PICO framework where population (P) terms were combined with Intervention (I) and in some cases Comparison (C) terms. Outcomes (O) are rarely used in search strategies as these concepts may not be indexed or described in the title or abstract and are therefore difficult to retrieve. Search filters were applied to the search where appropriate.

**Table 5: Database parameters, filters and limits applied**

Database	Dates searched	Search filter used
Medline (OVID)	1946 – 6 January 2023	Randomised controlled trials Systematic review studies Observational studies  Exclusions (animal studies, letters, comments, editorials, case studies/reports)  English language
Embase (OVID)	1974 – 6 January 2023	Randomised controlled trials Systematic review studies Observational studies  Exclusions (animal studies, letters, comments, editorials, case studies/reports, conference abstracts)  English language
The Cochrane Library (Wiley)	Cochrane Database of Systematic Reviews to Issue 1 of 12, 6 January 2023  Cochrane Central Register of Controlled Trials to Issue 1 of 12, 6 January 2023	Exclusions (clinical trials, conference abstracts)
Epistemonikos (The Epistemonikos Foundation)	Inception to 6 January 2023	Systematic review  Exclusions (Cochrane reviews)
Current Nursing and Allied Health Literature (CINAHL) (EBSCO)	Inception to 6 January 2023	Human  Exclusions (Medline records)

Database	Dates searched	Search filter used
		English Language
PsycINFO (OVID)	1806 to 6 January 2023	Human  Exclusions (letters, case reports, rodents)  English Language
Allied and Complementary Medicine (AMED) (OVID)	1985 to 6 January 2023	

### Medline (Ovid) search terms

1.	exp Adrenal Insufficiency/
2.	Adrenal Hyperplasia, Congenital/
3.	(addison* disease or addisonian*).ti,ab,kf.
4.	((adrenal* or adrenocort* or adreno cort*) adj3 (insufficien* or inadepua* or deficien* or suppress* or hypofunction* or disorder* or underactiv* or dysfunction* or abnormal* or problem* or crisis or crises or dysgenesis or destruction or destroy* or hyperplasia or hypoplasia or failure* or fails or failed or fatigue or inhibit* or damage* or disruption*).ti,ab,kf.
5.	((cortisol or aldosterone or adrenocorticotrop* or adreno corticotrop* or ACTH or corticotropi* releas* or corticotropi* releas* or corticoliberin or CRH) adj3 (insufficien* or inadepua* or deficien* or suppress* or reduc* or decreas* or descend* or diminish* or lack* or less or lessen* or low or lower* or limited)).ti,ab,kf.
6.	(hypoadrenal* or hypo adrenal* or hypoadrenocorticism or hypo adrenocorticism or adrenoleukodystrophy or adreno leukodystrophy or adrenomyeloneuropathy or adreno myeloneuropathy or hypoaldosteronism or hypo aldosteronism).ti,ab,kf.
7.	((adrenogenital or adreno genital) adj (syndrome or disorder)).ti,ab,kf.
8.	((haemorrhag* or hemorrhag* or bleed*) adj3 adrenal*).ti,ab,kf.
9.	(Bronze Schilder* Disease or Melanodermic Leukodystrophy or Schilder-Addison* Complex or Siemerling-Creutzfeldt* Disease).ti,ab,kf.
10.	((Allgrove or 3A or TripleA or AAA) adj syndrome).ti,ab,kf.
11.	(CAH or X-ALD).ti,ab.
12.	(Waterhouse-Friderichsen* syndrome or antiphospholipid syndrome).ti,ab,kf.
13.	Autoimmune polyendocrinopathy-candidiasis-ectodermal dystrophy.ti,ab,kf.
14.	or/1-13
15.	letter/
16.	editorial/
17.	news/
18.	exp historical article/
19.	Anecdotes as Topic/
20.	comment/
21.	case reports/
22.	(letter or comment*).ti.
23.	or/15-22
24.	randomized controlled trial/ or random*.ti,ab.
25.	23 not 24
26.	animals/ not humans/
27.	exp Animals, Laboratory/

28.	exp Animal Experimentation/
29.	exp Models, Animal/
30.	exp Rodentia/
31.	(rat or rats or mouse or mice or rodent*).ti.
32.	or/25-31
33.	14 not 32
34.	limit 33 to English language
35.	Self-Help Groups/
36.	((self help or selfhelp or support*) adj3 (group* or network*)).ti,ab,kf.
37.	(peer adj2 (network* or support*)).ti,ab,kf.
38.	Self-Management/
39.	(self adj2 (manag* or care)).ti,ab,kf.
40.	(stress* adj3 (manag* or reduc* or adjust* or control* or adapt*)).ti,ab,kf.
41.	exp Cognitive Behavioral Therapy/
42.	(cognit* adj3 (behaviour* or behavior* or therap*)).ti,ab,kf.
43.	exp Exercise/ or Meditation/ or Yoga/ or exp Mindfulness/
44.	(exercis* or meditat* or yoga or mindfulness or mind aware*).ti,ab,kf.
45.	Counseling/ or Directive Counseling/
46.	(counselling or counseling or psychotherap* or psychiat* or psychologic* or "talking therap*" or "structur* therap*").ti,ab,kf.
47.	Emergency Medical Tags/
48.	((patient or alert* or steroid or emergency or medical) adj3 (tag* or card* or bracelet* or wristband* or necklace* or keyring or ID jewellery)).ti,ab,kf.
49.	Electronic Health Records/
50.	((electronic or patient* or school* or ambulance) adj4 (record* or registration* or alert*)).ti,ab,kf.
51.	Patient Education as Topic/ or Patient Education Handout/
52.	((patient* or inpatient* or outpatient*) adj3 (inform* or advice or advis* or need* or requirement* or support* or access* or service* or educat* or learn* or teach* or train* or network*)).ti,ab,kf.
53.	((("nurse specialist*" or pharmacist* or dentist* or "healthcare professional*" or "health care professional*" or "health professional*" or psychiatrist* or psychologist* or psychotherapist* or counselor* or counsellor*) adj3 (inform* or advice or advis* or need* or requirement* or support* or access* or educat* or learn* or teach* or train*)).ti,ab,kf.
54.	or/35-53
55.	34 and 54
56.	randomized controlled trial.pt.
57.	controlled clinical trial.pt.
58.	randomi#ed.ab.
59.	placebo.ab.
60.	randomly.ab.
61.	clinical trials as topic.sh.
62.	trial.ti.
63.	cross-over studies/
64.	(crossover or "cross over").ti,ab.
65.	or/56-64
66.	Meta-Analysis/
67.	Meta-Analysis as Topic/

68.	(meta analy* or metanaly* or metaanaly* or meta regression).ti,ab.
69.	((systematic* or evidence*) adj3 (review* or overview*)).ti,ab.
70.	(reference list* or bibliograph* or hand search* or manual search* or relevant journals).ab.
71.	(search strategy or search criteria or systematic search or study selection or data extraction).ab.
72.	(search* adj4 literature).ab.
73.	(medline or pubmed or cochrane or embase or psychlit or psyclit or psychinfo or psycinfo or cinahl or science citation index or bids or cancerlit).ab.
74.	cochrane.jw.
75.	((multiple treatment* or indirect or mixed) adj2 comparison*).ti,ab.
76.	or/66-75
77.	Epidemiologic studies/
78.	Observational study/
79.	exp Cohort studies/
80.	(cohort adj (study or studies or analys* or data)).ti,ab.
81.	((follow up or observational or uncontrolled or non randomi#ed or epidemiologic*) adj (study or studies or data)).ti,ab.
82.	((longitudinal or retrospective or prospective) and (study or studies or review or analys* or cohort* or data)).ti,ab.
83.	Controlled Before-After Studies/
84.	Historically Controlled Study/
85.	Interrupted Time Series Analysis/
86.	(before adj2 after adj2 (study or studies or data)).ti,ab.
87.	exp case control study/
88.	case control*.ti,ab.
89.	Cross-sectional studies/
90.	(cross sectional and (study or studies or review or analys* or cohort* or data)).ti,ab.
91.	or/77-90
92.	55 and (65 or 76 or 91)

### Embase (Ovid) search terms

1.	exp Adrenal cortex insufficiency/
2.	Congenital adrenal hyperplasia/
3.	(addison* disease or addisonian*).ti,ab,kf.
4.	((adrenal* or adrenocort* or adreno cort*) adj3 (insufficien* or inadequa* or deficien* or suppress* or hypofunction* or disorder* or underactiv* or dysfunction* or abnormal* or problem* or crisis or crises or dysgenesis or destruction or destroy* or hyperplasia or hypoplasia or failure* or fails or failed or fatigue or inhibit* or damage* or disruption*)).ti,ab,kf.
5.	((cortisol or aldosterone or adrenocorticotrop* or adreno corticotrop* or ACTH or corticotropi* releas* or corticotropi* releas* or corticoliberin or CRH) adj3 (insufficien* or inadequa* or deficien* or suppress* or reduc* or decreas* or descend* or diminish* or lack* or less or lessen* or low or lower* or limited)).ti,ab,kf.
6.	(hypoadrenal* or hypo adrenal* or hypoadrenocorticism or hypo adrenocorticism or adrenoleukodystrophy or adreno leukodystrophy or adrenomyeloneuropathy or adreno myeloneuropathy or hypoadosteronism or hypo aldosteronism).ti,ab,kf.
7.	((adrenogenital or adreno genital) adj (syndrome or disorder*)).ti,ab,kf.
8.	((haemorrhag* or hemorrhag* or bleed*) adj3 adrenal*).ti,ab,kf.
9.	(Bronze Schilder* Disease or Melanodermic Leukodystrophy or Schilder-Addison* Complex or Siemerling-Creutzfeldt* Disease).ti,ab,kf.

10.	((Allgrove or 3A or TripleA or AAA) adj syndrome).ti,ab,kf.
11.	(CAH or X-ALD).ti,ab.
12.	(Waterhouse-Friderichsen* syndrome or antiphospholipid syndrome).ti,ab,kf.
13.	Autoimmune polyendocrinopathy-candidiasis-ectodermal dystrophy.ti,ab,kf.
14.	or/1-13
15.	letter.pt. or letter/
16.	note.pt.
17.	editorial.pt.
18.	case report/ or case study/
19.	(letter or comment*).ti.
20.	(conference abstract* or conference review or conference paper or conference proceeding).db,pt,su.
21.	or/15-20
22.	randomized controlled trial/ or random*.ti,ab.
23.	21 not 22
24.	animal/ not human/
25.	nonhuman/
26.	exp Animal Experiment/
27.	exp Experimental Animal/
28.	animal model/
29.	exp Rodent/
30.	(rat or rats or mouse or mice or rodent*).ti.
31.	or/23-30
32.	14 not 31
33.	limit 32 to english language
34.	self help/
35.	((self help or selfhelp or support*) adj3 (group* or network*)).ti,ab,kf.
36.	(peer adj2 (network* or support*)).ti,ab,kf.
37.	self care/
38.	(self adj2 (manag* or care)).ti,ab,kf.
39.	(stress* adj3 (manag* or reduc* or adjust* or control* or adapt*)).ti,ab,kf.
40.	exp cognitive behavioral therapy/
41.	(cognit* adj3 (behaviour* or behavior* or therap*)).ti,ab,kf.
42.	exp exercise/ or exp meditation/ or exp yoga/ or exp mindfulness/
43.	(exercis* or meditat* or yoga or mindfulness or mind aware*).ti,ab,kf.
44.	counseling/ or directive counseling/ or patient counseling/ or psychological counseling/
45.	(counselling or counseling or psychotherap* or psychiatr* or psycholog* or "talking therap*" or "structur* therap*").ti,ab,kf.
46.	emergency health service/
47.	((patient or alert* or steroid or emergency or medical) adj3 (tag* or card* or bracelet* or wristband* or necklace* or keyring or ID jewellery)).ti,ab,kf.
48.	electronic health record/
49.	((electronic or patient* or school* or ambulance) adj4 (record* or registration* or alert*)).ti,ab,kf.
50.	patient education/
51.	((patient* or inpatient* or outpatient*) adj3 (inform* or advice or advis* or need* or requirement* or support* or access* or service* or educat* or learn* or teach* or train* or network*)).ti,ab,kf.

52.	((("nurse specialist*" or pharmacist* or dentist* or "healthcare professional*" or "health care professional*" or "health professional*" or psychiatrist* or psychologist* or psychotherapist* or counselor* or counsellor*) adj3 (inform* or advice or advis* or need* or requirement* or support* or access* or educat* or learn* or teach* or train*)).ti,ab,kf.
53.	or/34-52
54.	33 and 53
55.	random*.ti,ab.
56.	factorial*.ti,ab.
57.	(crossover* or cross over*).ti,ab.
58.	((doubl* or singl*) adj blind*).ti,ab.
59.	(assign* or allocat* or volunteer* or placebo*).ti,ab.
60.	crossover procedure/
61.	single blind procedure/
62.	randomized controlled trial/
63.	double blind procedure/
64.	or/55-63
65.	Systematic Review/
66.	Meta-Analysis/
67.	(meta analy* or metanaly* or metaanaly* or meta regression).ti,ab.
68.	((systematic* or evidence*) adj3 (review* or overview*)).ti,ab.
69.	(reference list* or bibliograph* or hand search* or manual search* or relevant journals).ab.
70.	(search strategy or search criteria or systematic search or study selection or data extraction).ab.
71.	(search* adj4 literature).ab.
72.	(medline or pubmed or cochrane or embase or psychlit or psychlit or psychinfo or psycinfo or cinahl or science citation index or bids or cancerlit).ab.
73.	cochrane.jw.
74.	((multiple treatment* or indirect or mixed) adj2 comparison*).ti,ab.
75.	or/65-74
76.	Clinical study/
77.	Observational study/
78.	Family study/
79.	Longitudinal study/
80.	Retrospective study/
81.	Prospective study/
82.	Cohort analysis/
83.	Follow-up/
84.	cohort*.ti,ab.
85.	83 and 84
86.	(cohort adj (study or studies or analys* or data)).ti,ab.
87.	((follow up or observational or uncontrolled or non randomi#ed or epidemiologic*) adj (study or studies or data)).ti,ab.
88.	((longitudinal or retrospective or prospective) and (study or studies or review or analys* or cohort* or data)).ti,ab.
89.	(before adj2 after adj2 (study or studies or data)).ti,ab.
90.	exp case control study/
91.	case control*.ti,ab.

92.	cross-sectional study/
93.	(cross sectional and (study or studies or review or analys* or cohort* or data)).ti,ab.
94.	or/76-82,85-93
95.	54 and (64 or 75 or 94)

### Cochrane Library (Wiley) search terms

#1.	MeSH descriptor: [Adrenal Insufficiency] explode all trees
#2.	MeSH descriptor: [Adrenal Hyperplasia, Congenital] this term only
#3.	((addison* NEXT disease) or addisonian*):ti,ab,kw
#4.	((adrenal* or adrenocort* or adreno-cort*) near/3 (insufficien* or inadequa* or deficien* or suppress* or hypofunction* or disorder* or underactiv* or dysfunction* or abnormal* or problem* or crisis or crises or dysgenesis or destruction or destroy* or hyperplasia or hypoplasia or failure* or fails or failed or fatigue or inhibit* or damage* or disruption*)):ti,ab,kw
#5.	((cortisol or aldosterone or adrenocorticotrop* or adreno-corticotrop* or ACTH or (corticotropi* NEXT releas*) or (corticotrophi* NEXT releas*) or corticoliberin or CRH) near/3 (insufficien* or inadequa* or deficien* or suppress* or reduc* or decreas* or descend* or diminish* or lack* or less or lessen* or low or lower* or limited)):ti,ab,kw
#6.	(hypoadrenal* or hypo-adrenal* or hypoadrenocorticism or "hypo adrenocorticism" or adrenoleukodystrophy or "adreno leukodystrophy" or adrenomyeloneuropathy or "adreno myeloneuropathy" or hypoaldosteronism or "hypo aldosteronism"):ti,ab,kw
#7.	((adrenogenital or "adreno genital") near/1 (syndrome or disorder*)):ti,ab,kw
#8.	((haemorrhag* or hemorrhag* or bleed*) near/3 adrenal*):ti,ab,kw
#9.	((Bronze NEXT Schilder*) or "Melanodermic Leukodystrophy" or (Schilder NEXT Addison*) or (Siemerling NEXT Creutzfeldt*)):ti,ab,kw
#10.	((Allgrove or 3A or TripleA or AAA) near/1 syndrome):ti,ab,kw
#11.	(CAH or "X-ALD"):ti,ab
#12.	((Waterhouse NEXT Friderichsen*) or "antiphospholipid syndrome"):ti,ab,kw
#13.	"Autoimmune polyendocrinopathy candidiasis ectodermal dystrophy":ti,ab,kw
#14.	(or #1-#13)
#15.	conference:pt or (clinicaltrials or trialsearch):so
#16.	#14 not #15
#17.	MeSH descriptor: [Self-Help Groups] this term only
#18.	(("self help" or selfhelp or support*) near/3 (group* or network*)):ti,ab,kw
#19.	(peer near/2 (network* or support*)):ti,ab,kw
#20.	MeSH descriptor: [Self-Management] this term only
#21.	(self near/2 (manag* or care)):ti,ab,kw
#22.	(stress* near/3 (manag* or reduc* or near/ust* or control* or adapt*)):ti,ab,kw
#23.	MeSH descriptor: [Cognitive Behavioral Therapy] explode all trees
#24.	(cognit* near/3 (behaviour* or behavior* or therap*)):ti,ab,kw
#25.	MeSH descriptor: [Exercise] explode all trees
#26.	MeSH descriptor: [Meditation] this term only
#27.	MeSH descriptor: [Yoga] this term only
#28.	MeSH descriptor: [Mindfulness] explode all trees
#29.	(exercis* or meditat* or yoga or mindfulness or mind-awar*):ti,ab,kw
#30.	MeSH descriptor: [Counseling] this term only
#31.	MeSH descriptor: [Directive Counseling] this term only
#32.	(counselling or counseling or psychotherap* or psychiatr* or psycholog* or talking-therap* or structured-therap*):ti,ab,kw
#33.	MeSH descriptor: [Emergency Medical Tags] this term only

#34.	((patient or alert* or steroid or emergency or medical) near/3 (tag* or card* or bracelet* or wristband* or necklace* or keyring or "ID jewellery")):ti,ab,kw
#35.	MeSH descriptor: [Electronic Health Records] this term only
#36.	((electronic or patient* or school* or ambulance) near/4 (record* or registration* or alert*)):ti,ab,kw
#37.	MeSH descriptor: [Patient Education as Topic] this term only
#38.	MeSH descriptor: [Patient Education Handout] this term only
#39.	((patient* or inpatient* or outpatient*) near/3 (inform* or advice or advis* or need* or requirement* or support* or access* or service* or educat* or learn* or teach* or train* or network*)):ti,ab,kw
#40.	((nurse-specialist* or pharmacist* or dentist* or ("health care" or healthcare or health) NEXT professional*) or psychiatrist* or psychologist* or psychotherapist* or counselor* or counsellor*) near/3 (inform* or advice or advis* or need* or requirement* or support* or access* or educat* or learn* or teach* or train*)):ti,ab,kw
#41.	(or #17-#40)
#42.	#16 and #41

### Epistemonikos search terms

1.	(title:(title:(("adrenal insufficiency" OR "adrenal inadequacy" OR "adrenal deficiency" OR "adrenal suppression" OR "adrenal hypofunction" OR "adrenal disorder" OR "adrenal underactivity" OR "adrenal dysfunction" OR "adrenal crisis" OR "adrenal crises" OR "adrenal hypoplasia" OR "adrenal congenital hyperplasia" OR "addison disease" OR "addisons disease" OR "addison's disease" OR addisonian* OR hypoadrenal* OR "hypo adrenalism" OR hypoadrenocorticism OR "hypo adrenocorticism" OR adrenoleukodystrophy OR "adreno leukodystrophy" OR adrenomyeloneuropathy OR "adreno myeloneuropathy" OR hypoaldosteronism OR "hypo aldosteronism") OR abstract:(("adrenal insufficiency" OR "adrenal inadequacy" OR "adrenal deficiency" OR "adrenal suppression" OR "adrenal hypofunction" OR "adrenal disorder" OR "adrenal underactivity" OR "adrenal dysfunction" OR "adrenal crisis" OR "adrenal crises" OR "adrenal hypoplasia" OR "adrenal congenital hyperplasia" OR "addison disease" OR "addisons disease" OR "addison's disease" OR addisonian* OR hypoadrenal* OR "hypo adrenalism" OR hypoadrenocorticism OR "hypo adrenocorticism" OR adrenoleukodystrophy OR "adreno leukodystrophy" OR adrenomyeloneuropathy OR "adreno myeloneuropathy" OR hypoaldosteronism OR "hypo aldosteronism")))) OR abstract:(title:(("adrenal inadequacy" OR "adrenal deficiency" OR "adrenal suppression" OR "adrenal hypofunction" OR "adrenal disorder" OR "adrenal underactivity" OR "adrenal dysfunction" OR "adrenal crisis" OR "adrenal crises" OR "adrenal hypoplasia" OR "adrenal congenital hyperplasia" OR "addison disease" OR "addisons disease" OR "addison's disease" OR addisonian* OR hypoadrenal* OR "hypo adrenalism" OR hypoadrenocorticism OR "hypo adrenocorticism" OR adrenoleukodystrophy OR "adreno leukodystrophy" OR adrenomyeloneuropathy OR "adreno myeloneuropathy" OR hypoaldosteronism OR "hypo aldosteronism")))) AND (title:(("self help" OR selfhelp OR "self management" OR "self care" OR "stress managment" OR "cognitive behavioral therapy" OR "cognitive behavioural therapy" OR exercise OR meditation OR yoga OR mindfulness OR "mind awarenes" OR counselling OR counseling OR psychotherap* OR psychiatr* OR psycholog* OR "talking therap*" OR "structured therapy" OR "emergency medical tag" OR "emergency medical tags" OR "patient alert" OR "steroid card" OR "steroid cards" OR "emergency card" OR "emergency cards" OR bracelet* OR wristband* OR necklace* OR keyring OR "ID jewellery" OR "electronic record" OR "electronic records" OR "electronic health record" OR "electronic health
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	records" OR "school record" OR "school records" OR "patient education" OR "patient support" OR "patient advice" OR "patient needs" OR "nurse specialist" OR pharmacist* OR dentist* OR "healthcare professional" OR "healthcare professionals" OR "health care professional" OR "health care professionals" OR "health professional" OR "health professionals" OR psychiatrist* OR psychologist* OR psychotherapist* OR counselor* OR counsellor*) OR abstract:(("self help" OR selfhelp OR "self management" OR "self care" OR "stress managment" OR "cognitive behavioral therapy" OR "cognitive behavioural therapy" OR exercise OR meditation OR yoga OR mindfulness OR "mind awarenes" OR counselling OR counseling OR psychotherap* OR psychiatr* OR psychologic* OR "talking therap*" OR "structured therapy" OR "emergency medical tag" OR "emergency medical tags" OR "patient alert" OR "steroid card" OR "steroid cards" OR "emergency card" OR "emergency cards" OR bracelet* OR wristband* OR necklace* OR keyring OR "ID jewellery" OR "electronic record" OR "electronic records" OR "electronic health record" OR "electronic health records" OR "school record" OR "school records" OR "patient education" OR "patient support" OR "patient advice" OR "patient needs" OR "nurse specialist" OR pharmacist* OR dentist* OR "healthcare professional" OR "healthcare professionals" OR "health care professional" OR "health care professionals" OR "health professional" OR "health professionals" OR psychiatrist* OR psychologist* OR psychotherapist* OR counselor* OR counsellor*))
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**CINAHL (EBSCO) search terms**

S1.	(MH "Adrenal Insufficiency+")
S2.	(MH "Adrenal Hyperplasia, Congenital")
S3.	TI ( (addison* disease or addisonian*) ) OR AB ( (addison* disease or addisonian*) )
S4.	TI ( ((adrenal* or adrenocort* or adreno cort*) AND (insufficien* or inadequa* or deficien* or suppress* or hypofunction* or disorder* or underactiv* or dysfunction* or abnormal* or problem* or crisis or crises or dysgenesis or destruction or destroy* or hyperplasia or hypoplasia or failure* or fails or failed or fatigue or inhibit* or damage* or disruption*)) ) OR AB ( ((adrenal* or adrenocort* or adreno cort*) AND (insufficien* or inadequa* or deficien* or suppress* or hypofunction* or disorder* or underactiv* or dysfunction* or abnormal* or problem* or crisis or crises or dysgenesis or destruction or destroy* or hyperplasia or hypoplasia or failure* or fails or failed or fatigue or inhibit* or damage* or disruption*)) )
S5.	TI ( ((cortisol or aldosterone or adrenocorticotrop* or adreno corticotrop* or ACTH or corticotropi* releas* or corticotrophi* releas* or corticoliberin or CRH) AND (insufficien* or inadequa* or deficien* or suppress* or reduc* or decreas* or descend* or diminish* or lack* or less or lessen* or low or lower* or limited)) ) OR AB ( ((cortisol or aldosterone or adrenocorticotrop* or adreno corticotrop* or ACTH or corticotropi* releas* or corticotrophi* releas* or corticoliberin or CRH) AND (insufficien* or inadequa* or deficien* or suppress* or reduc* or decreas* or descend* or diminish* or lack* or less or lessen* or low or lower* or limited)) )
S6.	TI ( (hypoadrenal* or hypo adrenal* or hypoadrenocorticism or hypo adrenocorticism or adrenoleukodystrophy or adreno leukodystrophy or adrenomyeloneuropathy or adreno myeloneuropathy or hypoadosteronism or hypo aldosteronism) ) OR AB ( (hypoadrenal* or hypo adrenal* or hypoadrenocorticism or hypo adrenocorticism or adrenoleukodystrophy or adreno leukodystrophy or adrenomyeloneuropathy or adreno myeloneuropathy or hypoadosteronism or hypo aldosteronism) )
S7.	TI ( ((adrenogenital or adreno genital) AND (syndrome or disorder*)) ) OR AB ( ((adrenogenital or adreno genital) AND (syndrome or disorder*)) )
S8.	TI ( ((haemorrhag* or hemorrhag* or bleed*) AND adrenal*) ) OR AB ( ((haemorrhag* or hemorrhag* or bleed*) AND adrenal*) )
S9.	TI ( (Bronze Schilder* Disease or Melanodermic Leukodystrophy or Schilder-Addison* Complex or Siemerling-Creutzfeldt* Disease) ) OR AB ( (Bronze Schilder* Disease or Melanodermic Leukodystrophy or Schilder-Addison* Complex or Siemerling-Creutzfeldt* Disease) )
S10.	TI ( ((Allgrove or 3A or TripleA or AAA) AND syndrome) ) OR AB ( ((Allgrove or 3A or TripleA or AAA) AND syndrome) )
S11.	TI ( (CAH or X-ALD) ) OR AB ( (CAH or X-ALD) )

S12.	TI ( (Waterhouse-Friderichsen* syndrome or antiphospholipid syndrome) ) OR AB ( (Waterhouse-Friderichsen* syndrome or antiphospholipid syndrome) )
S13.	TI Autoimmune polyendocrinopathy-candidiasis-ectodermal dystrophy OR AB Autoimmune polyendocrinopathy-candidiasis-ectodermal dystrophy
S14.	S1 OR S2 OR S3 OR S4 OR S5 OR S6 OR S7 OR S8 OR S9 OR S10 OR S11 OR S12 OR S13
S15.	MH Support Groups
S16.	TI ( ((self help or selfhelp or support*) n3 (group* or network*)) ) OR AB ( ((self help or selfhelp or support*) n3 (group* or network*)) )
S17.	TI ( (peer n2 (network* or support*)) ) OR AB ( (peer n2 (network* or support*)) )
S18.	MH Self-Management
S19.	MH Self Care
S20.	TI ( (self n2 (manag* or care)) ) OR AB ( (self n2 (manag* or care)) )
S21.	TI ( (stress* n3 (manag* or reduc* or adjust* or control* or adapt*)) ) OR AB ( (stress* n3 (manag* or reduc* or adjust* or control* or adapt*)) )
S22.	MH Cognitive Therapy
S23.	TI ( (cognit* n3 (behaviour* or behavior* or therap*)) ) OR AB ( (cognit* n3 (behaviour* or behavior* or therap*)) )
S24.	(MH "Exercise")
S25.	MH Meditation
S26.	MH Yoga
S27.	MH Mindfulness
S28.	TI ( (exercis* or meditat* or yoga or mindfulness or mind awar*) ) OR AB ( (exercis* or meditat* or yoga or mindfulness or mind awar*) )
S29.	MH Counseling
S30.	TI ( (counselling or counseling or psychotherap* or psychiatr* or psycholog* or "talking therap*" or "structur* therap*") ) OR AB ( (counselling or counseling or psychotherap* or psychiatr* or psycholog* or "talking therap*" or "structur* therap*") )
S31.	(MH "Emergency Medical Tags")
S32.	TI ( ((patient or alert* or steroid or emergency or medical) n3 (tag* or card* or bracelet* or wristband* or necklace* or keyring or ID jewellery)) ) OR AB ( ((patient or alert* or steroid or emergency or medical) n3 (tag* or card* or bracelet* or wristband* or necklace* or keyring or ID jewellery)) )
S33.	MH Electronic Health Records
S34.	TI ( ((electronic or patient* or school* or ambulance) n4 (record* or registration* or alert*)) ) OR AB ( ((electronic or patient* or school* or ambulance) n4 (record* or registration* or alert*)) )
S35.	MH Patient Education
S36.	TI ( ((patient* or inpatient* or outpatient*) n3 (inform* or advice or advis* or need* or requirement* or support* or access* or service* or educat* or learn* or teach* or train* or network*)) ) OR AB ( ((patient* or inpatient* or outpatient*) n3 (inform* or advice or advis* or need* or requirement* or support* or access* or service* or educat* or learn* or teach* or train* or network*)) )
S37.	TI ( (("nurse specialist*" or pharmacist* or dentist* or "healthcare professional*" or "health care professional*" or "health professional*" or psychiatrist* or psychologist* or psychotherapist* or counselor* or counsellor*) n3 (inform* or advice or advis* or need* or requirement* or support* or access* or educat* or learn* or teach* or train*)) ) OR AB ( (("nurse specialist*" or pharmacist* or dentist* or "healthcare professional*" or "health care professional*" or "health professional*" or psychiatrist* or psychologist* or psychotherapist* or counselor* or counsellor*) n3 (inform* or advice or advis* or need* or requirement* or support* or access* or educat* or learn* or teach* or train*)) )

S38.	S15 OR S16 OR S17 OR S18 OR S19 OR S20 OR S21 OR S22 OR S23 OR S24 OR S25 OR S26 OR S27 OR S28 OR S29 OR S30 OR S31 OR S32 OR S33 OR S34 OR S35 OR S36 OR S37
S39.	S14 AND S38

**PsycINFO (OVID) search terms**

1.	exp Adrenal Gland Disorders/
2.	(addison* disease or addisonian*).ti,ab,id.
3.	((adrenal* or adrenocort* or adreno cort*) adj3 (insufficien* or inadequa* or deficien* or suppress* or hypofunction* or disorder* or underactiv* or dysfunction* or abnormal* or problem* or crisis or crises or dysgenesis or destruction or destroy* or hyperplasia or hypoplasia or failure* or fails or failed or fatigue or inhibit* or damage* or disruption*).ti,ab,id.
4.	((cortisol or aldosterone or adrenocorticotrop* or adreno corticotrop* or ACTH or corticotropi* releas* or corticotropi* releas* or corticoliberin or CRH) adj3 (insufficien* or inadequa* or deficien* or suppress* or reduc* or decreas* or descend* or diminish* or lack* or less or lessen* or low or lower* or limited)).ti,ab,id.
5.	(hypoadrenal* or hypo adrenal* or hypoadrenocorticism or hypo adrenocorticism or adrenoleukodystrophy or adreno leukodystrophy or adrenomyeloneuropathy or adreno myeloneuropathy or hypoaldosteronism or hypo aldosteronism).ti,ab,id.
6.	((adrenogenital or adreno genital) adj (syndrome or disorder*).ti,ab,id.
7.	((haemorrhag* or hemorrhag* or bleed*) adj3 adrenal*).ti,ab,id.
8.	(Bronze Schilder* Disease or Melanodermic Leukodystrophy or Schilder-Addison* Complex or Siemerling-Creutzfeldt* Disease).ti,ab,id.
9.	((Allgrove or 3A or TripleA or AAA) adj syndrome).ti,ab,id.
10.	(CAH or X-ALD).ti,ab.
11.	(Waterhouse-Friderichsen* syndrome or antiphospholipid syndrome).ti,ab,id.
12.	Autoimmune polyendocrinopathy-candidiasis-ectodermal dystrophy.ti,ab,id.
13.	or/1-12
14.	Letter/
15.	Case report/
16.	exp Rodents/
17.	or/14-16
18.	13 not 17
19.	limit 18 to (human and English language)
20.	support groups/
21.	((("self help" or selfhelp or support*) adj3 (group* or network*).ti,ab,id.
22.	(peer adj2 (network* or support*).ti,ab,id.
23.	self-management/ or self-help techniques/
24.	(self adj2 (manag* or care)).ti,ab,id.
25.	(stress* adj3 (manag* or reduc* or adjust* or control* or adapt*).ti,ab,id.
26.	exp cognitive behavior therapy/
27.	(cognit* adj3 (behaviour* or behavior* or therap*).ti,ab,id.
28.	exp exercise/ or meditation/ or yoga/ or mindfulness/
29.	(exercis* or meditat* or yoga or mindfulness or "mind aware").ti,ab,id.
30.	exp counseling/
31.	(counselling or counseling or psychotherap* or psychiatr* or psycholog* or "talking therap*" or "structur* therap*").ti,ab,id.

32.	((patient or alert* or steroid or emergency or medical) adj3 (tag* or card* or bracelet* or wristband* or necklace* or keyring or "ID jewellery")).ti,ab,id.
33.	electronic health records/
34.	((electronic or patient* or school* or ambulance) adj4 (record* or registration* or alert*)).ti,ab,id.
35.	client education/
36.	((patient* or inpatient* or outpatient*) adj3 (inform* or advice or advis* or need* or requirement* or support* or access* or service* or educat* or learn* or teach* or train* or network*)).ti,ab,id.
37.	((("nurse specialist*" or pharmacist* or dentist* or "healthcare professional*" or "health care professional*" or "health professional*" or psychiatrist* or psychologist* or psychotherapist* or counselor* or counsellor*) adj3 (inform* or advice or advis* or need* or requirement* or support* or access* or educat* or learn* or teach* or train*)).ti,ab,id.
38.	or/20-37
39.	19 and 38

**AMED (OVID) search terms**

1.	Adrenal gland disease/
2.	(addison* disease or addisonian*).af.
3.	((adrenal* or adrenocort* or adreno cort*) adj3 (insufficien* or inadequa* or deficien* or suppress* or hypofunction* or disorder* or underactiv* or dysfunction* or abnormal* or problem* or crisis or crises or dysgenesis or destruction or destroy* or hyperplasia or hypoplasia or failure* or fails or failed or fatigue or inhibit* or damage* or disruption*)).af.
4.	((cortisol or aldosterone or adrenocorticotrop* or adreno corticotrop* or ACTH or corticotropi* releas* or corticotropi* releas* or corticoliberin or CRH) adj3 (insufficien* or inadequa* or deficien* or suppress* or reduc* or decreas* or descend* or diminish* or lack* or less or lessen* or low or lower* or limited)).af.
5.	(hypoadrenal* or hypo adrenal* or hypoadrenocorticism or hypo adrenocorticism or adrenoleukodystrophy or adreno leukodystrophy or adrenomyeloneuropathy or adreno myeloneuropathy or hypoaldosteronism or hypo aldosteronism).af.
6.	((adrenogenital or adreno genital) adj (syndrome or disorder*)).af.
7.	((haemorrhag* or hemorrhag* or bleed*) adj3 adrenal*).af.
8.	(Bronze Schilder* Disease or Melanodermic Leukodystrophy or Schilder-Addison* Complex or Siemerling-Creutzfeldt* Disease).af.
9.	((Allgrove or 3A or TripleA or AAA) adj syndrome).af.
10.	(CAH or X-ALD).af.
11.	(Waterhouse-Friderichsen* syndrome or antiphospholipid syndrome).af.
12.	Autoimmune polyendocrinopathy-candidiasis-ectodermal dystrophy.af.
13.	or/1-12
14.	self help groups/
15.	((("self help" or selfhelp or support*) adj3 (group* or network*)).af.
16.	(peer adj2 (network* or support*)).af.
17.	self care/
18.	(self adj2 (manag* or care)).af.
19.	(stress* adj3 (manag* or reduc* or adjust* or control* or adapt*)).af.
20.	Cognitive therapy/

21.	(cognit* adj3 (behaviour* or behavior* or therap*)).af.
22.	exp exercise/ or meditation/ or yoga/
23.	(exercis* or meditat* or yoga or mindfulness or "mind awar*").af.
24.	counseling/
25.	(counselling or counseling or psychotherap* or psychiatr* or psychologic* or "talking therap*" or "structur* therap*").af.
26.	((patient or alert* or steroid or emergency or medical) adj3 (tag* or card* or bracelet* or wristband* or necklace* or keyring or "ID jewellery")).af.
27.	medical records/
28.	((electronic or patient* or school* or ambulance) adj4 (record* or registration* or alert*)).af.
29.	exp patient education/
30.	((patient* or inpatient* or outpatient*) adj3 (inform* or advice or advis* or need* or requirement* or support* or access* or service* or educat* or learn* or teach* or train* or network*)).af.
31.	((("nurse specialist*" or pharmacist* or dentist* or "healthcare professional*" or "health care professional*" or "health professional*" or psychiatrist* or psychologist* or psychotherapist* or counselor* or counsellor*) adj3 (inform* or advice or advis* or need* or requirement* or support* or access* or educat* or learn* or teach* or train*)).af.
32.	or/14-31
33.	13 and 32